

Claudia Black

Transforming Families: From Script to Choice

Date: Friday, April 29, 2016

Time: 9:00 AM — 3:30 PM

Location: Wayzata Community Church
125 Wayzata Boulevard East, Wayzata, MN

Fee: \$95 (students \$25), includes materials & 5 CEUs for LADC or Social Work

Register: Complete the reverse side of this flyer. Space is limited.

Sponsors: The Retreat and Beauterre Recovery Institute

Claudia Black will address the challenging family legacy of addiction: how generational repetition occurs with the addictive family system, issues of both physical and emotional abandonment that fuel addiction, generational repetition and other self defeating behaviors.

Recovery for family members can occur whether or not the addict recovers, and it can occur long past living with active addiction. Claudia will focus on foundational issues of setting the stage for ongoing recovery.

Unhealthy shame is often the foundational issue from which family members need to recover. Claudia will discuss a variety of shame screens, offering insights into shifting from self defeating response to greater health. She will offer practical clinical guidelines in working with family members, garnering a picture of what their recovery could entail.

Upon completion, participants will be able to:

- Describe a variety of clinical strategies to use with family members in their recovery process
- List five recovery issues that create a foundation for further healing
- Describe the relationship of shame to core recovery issues
- Name four predominant steps to family of origin healing



Claudia Black is a renowned author and trainer internationally recognized for her pioneering and contemporary work with family systems and addictive disorders. She is the clinical architect and actively involved in the Claudia Black Young Adult Center at The Meadows. Claudia Black's seminal work with children impacted by substance abuse in the late 1970s created the foundation for the adult child movement.

www.claudiblack.com



This activity has been approved by the Minnesota Board of Behavioral Health and Therapy for 5 hours of credit for LADCs. The Retreat is a State of Minnesota Board of Social Work approved Continuing Education Partner.



the retreat

**Registration Form
Claudia Black Event
Transforming Families: From Script to Choice**

Last Name: _____ First Name: _____

Organization: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Cell Phone: _____

E-mail: _____

Workshop Fee: \$95 (Students: \$25)

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX:

CC#: _____ Exp. Date: _____

Name and Address of Cardholder (if different from above):

Please make your payment along with the completed Registration Form to the address below:

The Retreat | 1221 Wayzata Boulevard East | Wayzata | MN | 55391
952.476.0566 or 1.877.446.9283 Fax: 952.404.7208 www.theretreat.org

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